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He's been called the best in the world at the mental game of tennis. Brad Gilbert's strokes may not be pretty, but looks aren't everything. He has beaten the Tour's biggest names-all by playing his "ugly" game. Now, in Winning Ugly , Gilbert teaches recreational players how to win m...

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Winning Ugly: Mental Warfare in Tennis--Lessons from a Master. Brad Gilbert, Steve Jamison. Simon and Schuster, May 28, 2013 - Sports & Recreation - 224 pages. 4 Reviews.

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